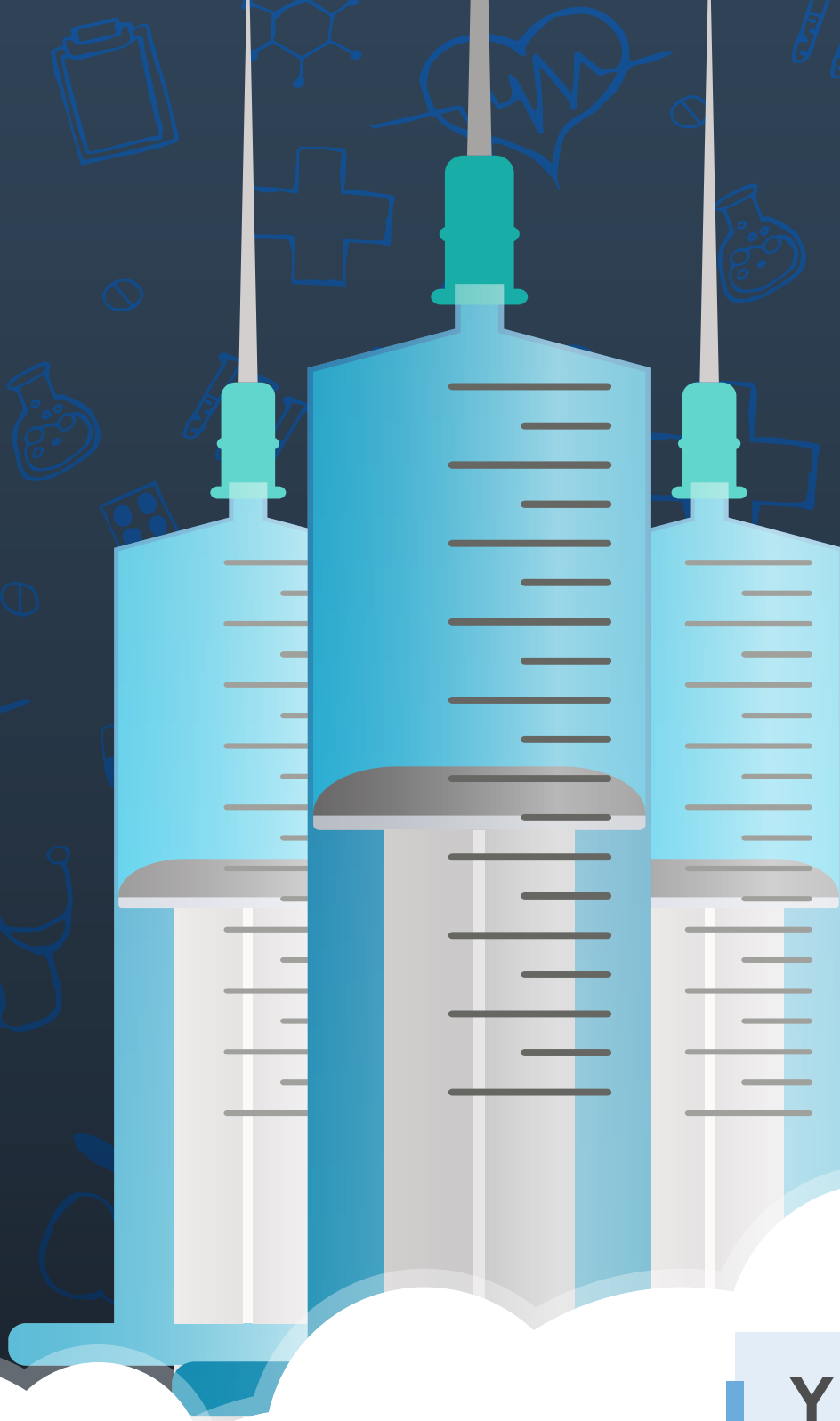


Vaccinations, Health History and You



Learn more your personal and family health, and separate truth from rumor when it comes to vaccinations:

True or False?	Answer
Vaccines can cause autism.	FALSE Multiple studies involving thousands of children have found no such connection.
Side effects are rare and most are minor.	TRUE Side effects of any kind are extremely uncommon and mostly minor.
Vaccines protect from dangerous illnesses.	TRUE The risks from the diseases outweigh risks of vaccination.
Everyone else is vaccinated, so my child is fine.	FALSE Everyone must be inoculated for vaccines to work.

YOUR WELLBEING ACTIVITY

RESEARCH PERSONAL HEALTH RISKS

Do you know your family medical history and how it affects your personal health? Do you have specific concerns about your wellbeing? Does your job or hobby put you at risk for certain injuries or illnesses? To complete this activity, do a little research and learn more.