



Family Focus

How to make family time a habit:

- Limit screen time
- Set a specific time to spend together
- Try new things and let everyone plan
- Be thrifty
- Have a backup plan

JULY ACTIVITY

Family Togetherness

Get together with those closest to you to learn, laugh and grow together as you complete different family activities each week. Your first tip? Have a backup plan! Don't let bad weather or unforeseen circumstances spoil time with people you care about.



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